# TRAIL SCHOOLING SURVIVAL GUIDE



FIRST EDITION

MARCH 19, 2020

DESIGNED & CREATED BY

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## FOREWARD

Use care and safety when setting up obstacles at home.

ALWAYS use a tape measure to ensure good practice. I hope you enjoy this free booklet with some ideas for some trail schooling obstacles at home, some you may have seen or used before.

DON'T HAVE MANY POLES AT HOME??
This book may be for you, with most elements

featured employing 10 or less poles.

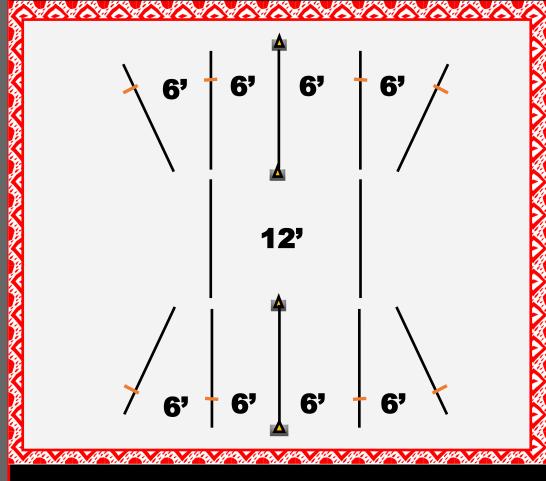
Quality practice is essential to achieving consistency in the show pen. if at all possible elevate your logs, and better yet if you can have someone on the ground to reset your DIY course, well that is always nice.

If any of my friends or peers see this please send feedback! It is always appreciated

MOST OF ALL — "HAPPY TRAILS!"

# SUPER TROT SERPENTINE

(FEAT) SINGLE STRIDE LOPES



### BUILDING TIPS

THIS PIECE IS SIMPLE TO CONSTRUCT. START WITH THE SERPENTINE, THEN THE BARRIER POLES ON THE SIDE.

MAKE SURE THAT IN BETWEEN THE POLES ON SIDES THERE IS ROOM FOR A CONE. THEN CONTINUE ON WITH THE WINGS, 2 TO 3 FOOT ON THE BOTTOMS AND 6 FOOT MEASURED 3 FOOT DOWN THE HIGH END OF THE POLES.

WHAT I LIKE ABOUT THIS SETUP IS THAT YOU GET QUITE A FEW POSSIBLE MANEUVERS OUT OF A RATHER SMALL AMOUNT OF POLES. THE BARRIER POLES AROUND THE SERPENTINE HELP TO KEEP YOU FROM SWINGING TOO FAR AWAY FROM THE NEXT POLE IN LINE. IF YOU RIDE FROM FAN TO FAN, I WOULDN'T WORRY TOO MUCH ABOUT HOW THE NUMBER OF HOW MANY STRIDES YOU GET IN THE ARC. FIND WHAT PATH WORKS BEST FOR YOU AND YOUR HORSE AND FOCUS ON CONSISTENCY

THIS FREE E BOOKLET
PROVIDED BY:
CARSON GRIGGS

HIGHLY MODIFIABLE: ANOTHER COOL THING ABOUT THIS SETUP IS

THAT BY SIMPLY ENLARGING THE LOPES ON THE TOP AND BOTTOM, AND MOVING THE SERPENTINE POLES, YOU CAN GET A RADICALLY DIFFERENT OBSTACLE. I HIGHLY RECOMMEND THIS OBSTACLE IN PARTICULAR BECAUSE OF IT IS EASE TO CHANGE, AND MANY DIFFERENT CONFIGURATIONS POLES CAN BE CREATED OUT OF THIS FAST AND EFFICIENT BUILD . PROBABLY ONE OF THE BEST

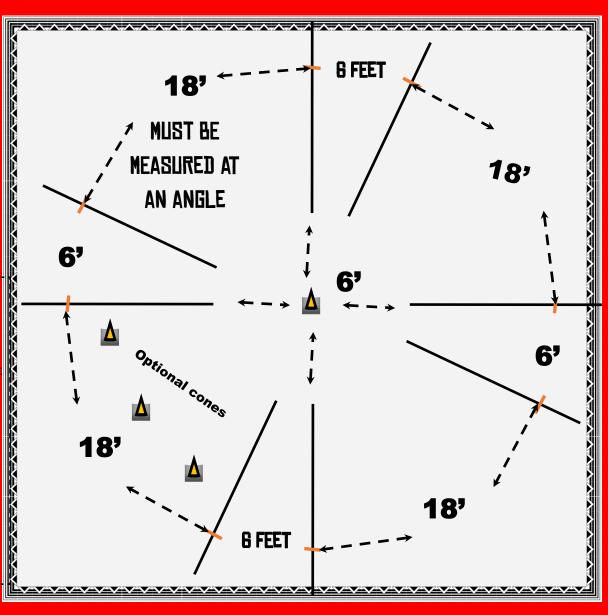
\$-BANG FOR YOUR BUCK-\$ DBSTACLES FOR AT HOME

### 3 STRIDE LOPE AT THE ANGLE

THIS IS AN OBSTACLE
WHERE HAVING PAINTED
LOGS MAY BE A VISUAL
AID. JUST HAVE PLAIN
LOGS? TRY SPRAY
PAINTING A LINE ON
THEM 3' DOWN ON EACH
SIDE

#### BUILDING TIPS

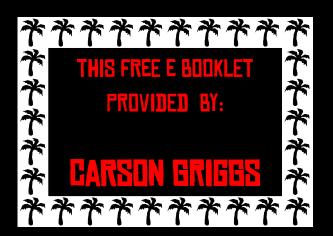
THIS PIECE CAN BE RATHER DIFFICULT TO BUILD, SO I RECOMMEND STARTING WITH A CONE IN THE MIDDLE BUILDING A CROSS, ABOUT 6 FT TO THE POLE. PUT THE WING LOGS DOWN SECOND. FOR BEST RESULTS STEP IT OFF BEFORE YOU SADDLE UP, AND IF IT DOESN'T FEEL QUITE RIGHT CHECK THE BOTTOMS OF YOUR WINGS, OR SLIDE THE POLES A LITTLE BIT CLOSER TO THE



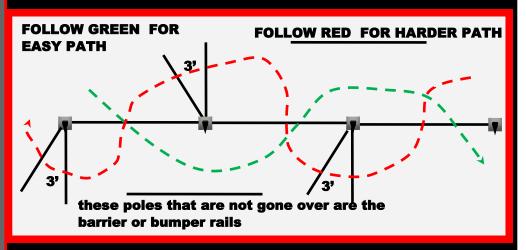


THIS OBSTACLE MAY HELP YOU REFINE YOUR STEERING AT THE LOPE AND ABILITY TO LAND ON TARGET.
CHALLENGE YOURSELF BY TRYING TO STAY TO THE OUTSIDE OF THE POLES AND HIT THE 3' MARK OF YOUR POLES. YOU CAN EVEN USE SOME EXTRA TRAFFIC CONES OR FLOWER BOXES TO CHANNEL YOU AND YOUR HORSE WHERE YOU WANT TO GO.

FIND THIS OBSTACLE A LITTLE TOUGH? START BY ELIMINATING THE 4TH WING



# SERPENTINES WITH A TWIST



THE FIRST SERPENTINE CAN BE EAST BOUND ON THE PAGE FOR A TRADITIONAL STRAIGHT TROT SERP., BUT GO THE OTHER DIRECTION FOR A HARDER LINE OF TRAVEL.

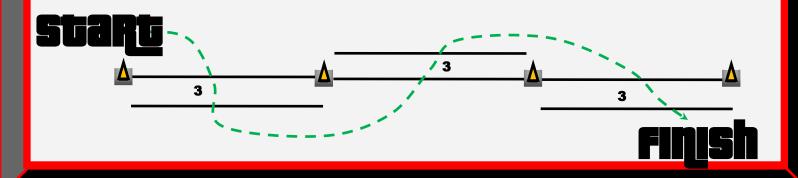
THE SECOND LAYOUT ON THE BOTTOM OF THE PAGE IS ONE YOU MAY FIND IN ONE OF MY COURSES, DOUBLE TROT SERPENTINE. I HAVE SEEN SOME HORSES BE ABLE TO "SLICE" BOTH OF THE POLES IN THE SERPENTINE, A DIFFICULT AND IMPRESSIVE MOVE ESPECIALLY DURING COMPETITION.

#### —BUILDING TIPS—

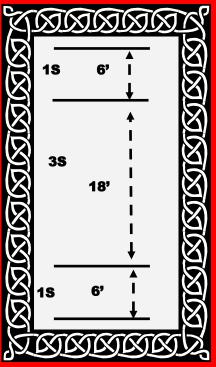
MAKE SURE TO KEEP THE CONES IN PLAY WHEN PLAYING AROUND WITH THESE SETUPS. IT MAY SAVE YOU FROM KICKING THE CONE IN THE SHOW PEN. WHICH PROBABLY ISN'T ANYONE'S FAVORITE PART AND NOT A PLUS ON THE SCORECARD.

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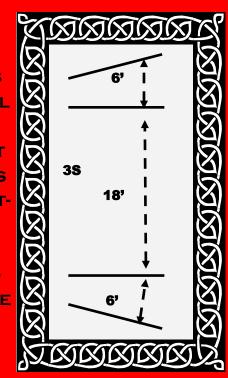
RUNNING LOW ON POLES? THE OPTIONAL BUMPER RAILS GAN EASILY BE REPLACED BY FLOWER BOXES OR REALLY ANYTHING ELSE YOU MAY HAVE LYING AROUND AT THE BARN



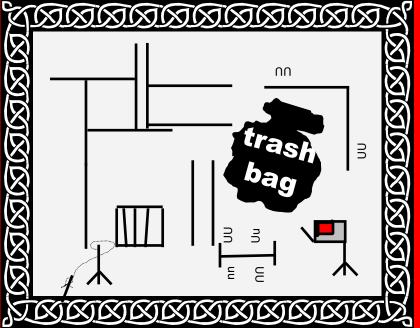
### 3 STRIDE LOPE PARALELL



WHILE THESE OBSTACLES MAY
APPEAR EASIER THAN SOME OTHERS
FEATURED IN THIS LITERATURE, I FEEL
THE NEED TO INCLUDE A 3 STRIDE
PARALLEL FORMATION FOR POLES AT
THE LOPE. I HAVE HEARD MANY TIMES
THAT IT CAN BE DIFFICULT FOR SHORTER STRIDED HORSES TO PUSH
THROUGH THIS 18 FOOT GAP. WHILE
NOT SOMETHING SEEN EVERY WEEKEND IN TRAIL CLASSES, I SUGGEST THE
OCCASIONAL SCHOOLING OF
OBSTACLES LIKE THIS.



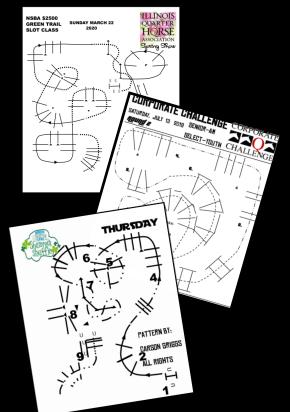
# "SLOW STUFF"



THE SIDEPASS HAS MADE A COMEBACK IN THE TRAIL PEN. IF EARLY 2020 TRENDS CONTINUE. WATCH OUT FOR THE POPULAR "SACK OF CANS" AT SOME SHOWS.

SOME OF THE SLOWER **ELEMENTS IN TRAIL ARE** OFTEN NEGLECTED PRACTICE PIECES AT HOME IN SOME TRAINING PROGRAMS. FOR **SOME PEOPLE, THESE** ELEMENTS ARE NOT AS FUN OR AT TRACTIVE AND ARE OFTEN LEFT OUT. EVEN IF THE SLOW STUFF ISN'T REALLY THING, EVERYONE CAN FROM JUST A FEW MINUTES A RIDE DOING SOME OF THESE OBSTACLES. PLUS IT MAY HELP INSTIL A LITTLE MORE PATIENCE IN YOUR HORSE

# ghout the guther



CARSON GRIGGS IS AN ASPIRING HORSEMAN AND TRAIL COURSE DESIGNER LIVING IN FAYETTEVILLE ARKANSAS. HE ENJOYS HANGING OUT AT POOL HALLS, FISHING, HORSE SHOWS AND AS OF MARCH 2020 APPARENTLY CANNED FOOD.



AVAILABLE NOW TO MAKE TRAIL PATTERNS
FOR YOUR NEXT HORSE SHOW SUITABLE FOR
ALL SKILL LEVELS AND RIDERS

WISHING TO SEE ALL FRIENDS AND HORSE SHOW

PEOPLE AT A SHOW VERY SOON

WARM WISHES AND THANKS FOR READING.